4,297,867 is the number of times children and youth contacted us in EUROPE
Our members in the European Union answered 3,683,380 contacts from children and youth in 2016

<table>
<thead>
<tr>
<th>Country</th>
<th>Child Helpline</th>
<th>Phone number</th>
<th>Contacts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Austria</td>
<td>116 111</td>
<td>147</td>
<td>70,012</td>
</tr>
<tr>
<td>Belgium</td>
<td>116 000</td>
<td>116</td>
<td>4,100</td>
</tr>
<tr>
<td>Bulgaria</td>
<td>Bulgarian National Helpline for Children</td>
<td>116 111</td>
<td>no data available</td>
</tr>
<tr>
<td>Croatia</td>
<td>Helpline 116 111</td>
<td>116 111</td>
<td>no data available</td>
</tr>
<tr>
<td>Cyprus</td>
<td>116 111</td>
<td>116 111</td>
<td>8,802</td>
</tr>
<tr>
<td>Czech Republic</td>
<td>Linka bezpečí 116 111</td>
<td>116 111</td>
<td>no data available</td>
</tr>
<tr>
<td>Denmark</td>
<td>Barna Vílkar 116 111</td>
<td>116 111</td>
<td>80,086</td>
</tr>
<tr>
<td>Estonia</td>
<td>116 111</td>
<td>116 111</td>
<td>8,510</td>
</tr>
<tr>
<td>Finland</td>
<td>Lasten ja ruorien puhelin 116 111</td>
<td>116 111</td>
<td>25,907</td>
</tr>
<tr>
<td>France</td>
<td>116 111</td>
<td>116 111</td>
<td>211,497</td>
</tr>
<tr>
<td>Germany</td>
<td>Kinder- und Jugendabgabe 116 111</td>
<td>116 111</td>
<td>404,540</td>
</tr>
<tr>
<td>Greece</td>
<td>Tho thele of the child</td>
<td>116 111</td>
<td>13,010</td>
</tr>
<tr>
<td>Hungary</td>
<td>Linia 116 25 – Together for Children</td>
<td>116 111</td>
<td>15,047</td>
</tr>
<tr>
<td>Ireland</td>
<td>IFPC Childline</td>
<td>116 111</td>
<td>81,544</td>
</tr>
<tr>
<td>Italy</td>
<td>Telefono Asuorpe 116 111</td>
<td>116 111</td>
<td>56,192</td>
</tr>
<tr>
<td>Latvia</td>
<td>Ūzaurīšu tel. 116 111</td>
<td>116 111</td>
<td>20,548</td>
</tr>
<tr>
<td>Lithuania</td>
<td>Velia Poga 116 111</td>
<td>116 111</td>
<td>2,599</td>
</tr>
<tr>
<td>Luxembourg</td>
<td>Kerren-Jugendtelefon 116 111</td>
<td>116 111</td>
<td>no data available</td>
</tr>
<tr>
<td>Malta</td>
<td>SupportiveLine 116 111</td>
<td>116 111</td>
<td>no data available</td>
</tr>
<tr>
<td>Netherlands</td>
<td>De Kinderhoofd 116 111</td>
<td>116 111</td>
<td>185,136</td>
</tr>
<tr>
<td>Poland</td>
<td>Telefon za Zdrowia dla dzieci i młodzieży 116 111</td>
<td>116 111</td>
<td>123,791</td>
</tr>
<tr>
<td>Portugal</td>
<td>SOS-Oranços 116 111</td>
<td>116 111</td>
<td>2,885</td>
</tr>
<tr>
<td>Romania</td>
<td>Telefonul Copilului 116 111</td>
<td>116 111</td>
<td>66,658</td>
</tr>
<tr>
<td>Slovakia</td>
<td>Linka detajové linky 116 111</td>
<td>116 111</td>
<td>61,147</td>
</tr>
<tr>
<td>Slovenia</td>
<td>Telefono za stevke v moščninski (TOM) 116 111</td>
<td>116 111</td>
<td>46,616</td>
</tr>
<tr>
<td>Spain</td>
<td>Teléfono de Atención 116 111</td>
<td>116 111</td>
<td>43,770</td>
</tr>
<tr>
<td>Sweden</td>
<td>Barnens rätt i ensamvållade (BRICES) 116 111</td>
<td>116 111</td>
<td>14,624</td>
</tr>
<tr>
<td>United Kingdom</td>
<td>Beat 116 111</td>
<td>116 111</td>
<td>no data available</td>
</tr>
</tbody>
</table>

Country Child Helpline Phone number Contacts

I am 14 years old and contacted the child helpline because the bullying at school became too much for me. The bullies called me names and I wanted to try and ignore and hide from them, but that made me feel like a prisoner at home. I kept everything bottled up inside and started cutting myself and I didn’t tell my parents even though this had been going on for more than a year. I first called the child helpline about suicide and life after death. I had become involved in an online suicide group and was on a death quest to die in thirteen days. Feeling angry, I wanted to know if life continued after death. The counsellor helped me figure out the real meaning of life on the death quest; not just curiosity like at first but because I thought death would end my problems. I liked talking to the counsellor but she had me take some deep breaths and listened carefully to me and my problems. I felt alone, unhappy and stupid when I called the child helpline. I felt like they were so supportive. I am a 14 year old child and I called the child helpline because the bullying at school became too much for me. The bullies called me names and I wanted to try and ignore and hide from them, but that made me feel like a prisoner at home. I kept everything bottled up inside and started cutting myself and didn’t tell my parents even though this had been going on for more than a year. I first called the child helpline about suicide and life after death. I had become involved in an online suicide group and was on a death quest to die in thirteen days. Feeling angry, I wanted to know if life continued after death. The counsellor helped me figure out the real meaning of life on the death quest; not just curiosity like at first but because I thought death would end my problems. I liked talking to the counsellor but she had me take some deep breaths and listened carefully to me and my problems.